

Katie Allston, LCSW-C **Executive Director** 

Terry Weigel Director of Advancement

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#### **CHANGE SERVICE ADDRESS**

### **UPCOMING EVENTS**

Thursday Tours - Dates below

Hear from our Executive Director, one of our residents and tour the place our women call home.

August 8. 2019 - 8:00-9:30AM

September 12, 2019 - 4:00-5:30PM

October 10, 2019 - 8:00-9:30AM

Please RSVP to advancement@marianhouse.org

11th Annual Race to Embrace Independence 5K - September 28, 2019 - Lake Montebello

#### HOW DO YOU WANT TO HEAR FROM US?

Please take a few minutes to visit marianhouse.org/communication and let us know how you want to continue receiving communications from us (print only, email only, email & print). We appreciate your feedback!





emarian.house



@MarianHouseMD



## DONOR SPOTLIGHT

# Coastal Surbelt Produce

Marian House has the good fortune of receiving support from corporations in the Greater Baltimore Area, many through in-kind donations. That is the case with Coastal Sunbelt Produce, a generous in-kind donor since March of 2019.

Coastal Sunbelt Produce is one of the region's most recognizable produce distributors to Baltimore area businesses and they are passionate about food, people and relationships. Marian House is the recipient of their generosity every-otherweek, when we receive the freshest of fresh fruit and vegetables for Marian House residents. It is always a whirlwind of activity when we bring in the produce donation and staff and resident volunteers sort through the abundance of freshness. Some of the produce is kept for the cooking teams at Marian House 1 for their nightly dinners. The remainder of the produce is set-up like an indoor farmer's market and residents from our other buildings can come and select items of interest. The residents always look forward to the donations and the produce is never the same from week to week, which makes it even more exciting.

Our contact at Coastal Sunbelt Produce is David Zeleznik, Vice President of Safety and Loss

Prevention, and also a member of the board of The Coastal Companies Foundation, whose mission is to "nourish our community" through nutrition, education, and good corporate citizenship. When Terry Weigel, Marian House Director of Advancement approached David Zeleznik about a partnership for Marian House, he replied "we googled your organization . . . Excellent! It was easy to say yes to your request."

A big THANK YOU to David Zeleznik and Coastal Sunbelt Produce for brightening the lives of the women and children we serve at Marian House. Because of Coastal Sunbelt Produce, we are able to provide healthy options for our residents.



# MARIAN HOUSE HEART OF THE HOUSE

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In its 37+ years as a non-profit organization, Marian House has been blessed to have very generous donors. In fact, while we continue to have the privilege of receiving gifts from new benefactors each and every year, some donors have been supporting us since our founding in 1982.

As part of our efforts to show how much we appreciate each and every donor, we have created the Community of Compassion, a giving society that recognizes the cumulative contributions of a donor for any given fiscal year. Levels of giving include:

- Circle of Patience \$500
- Circle of Trust \$750
- Circle of Honesty \$1,000
- Circle of Integrity \$1,500
- Circle of Dignity \$2,500
- Circle of Respect \$5,000 • Circle of Courage \$7,500
- Circle of Love \$10,000



- Legacy of Hope Giving to Marian House (any gift amount \$500+ for 5 years)
- Legacy of Independence Giving to Marian House (any gift amount \$500+ for 10 years)

Please know that we are very thankful for donors at all levels and realize that philanthropic giving is a very personal decision. All contributions big and small have a lasting effect and touch the lives of so many in our care at Marian House.

Thank you for choosing to be so generous to the women and children of Marian House and delivering a future of hope!

In love and peace,

Hattie

Hattie came to Marian House in November 2017 after serving over 2 years at the local women's prison. She heard about Marian House from other women, both from women in the prison and those who recently exited incarceration.

"They all told me the same thing. Marian House was hard to get into, but it was the best program to get into. They told me that if I get in, I needed to do the program and trust the program, and it was going to be worth it."

Hattie has two children and two grandchildren here in Maryland. She grew up in the lower Eastern Shore in a wonderful family with her mom and younger brother.

"I really had no business getting into the trouble I got into because my mom raised us well. But I was just more curious and was an addict early on in life. The first thing I was addicted to was stealing... I was stealing when I was little just because, then that turned into smoking cigarettes, which turned into drinking alcohol, then a few years later, I started bootlegging liquor, then

I started gambling, and all my addictions kind of rolled into one

another."

If you have reached the magical age of 70 ½ or older, tax rules require that you begin withdrawing your 401K savings to ensure that those tax-deferred dollars enter the tax stream. Marian House invites you to consider donating a portion of your distribution annually to provide with us with steady support for our programs.

Thank you for your consideration.

Hattie remembers a time when she was happy and sober. At the time, she was living with a partner in New York and started getting into the roofing and painting business, gaining certification and experience. However, after her daughter graduated and moved out, she felt alone and she started to turn back to her addiction.

"It got to a point where I didn't even like the taste of alcohol anymore, but I drank because it's what I knew to do after work. But it was never just one drink... one beer led to another, and the drink always led to smoking crack - that's just how it went. I ended up homeless and smoking crack. I then started living with five other people who were addicted and they were smoking and using back to back. You wake up and it's the first thing you do. You go to sleep and it's the last thing you do. Then one day, I don't know what happened, but I flipped – I snapped, and I ended up in prison."

Sentenced to 10 years in prison, Hattie was determined that she was not going to sit on her hands during her time in prison. She worked in maintenance, then the stock room, then the kitchen line, and finally the dish room. Hattie enjoyed being in the kitchen and knew she wanted to pursue it once she was released.

When Hattie was first interviewed by our Intake Coordinator, she was convinced that she had blown her chance to come to Marian House.

"I just felt like I didn't get to express myself the way I wanted to. But Ms. Jackson (Intake Coordinator) gave me another chance and I had a much better interview and I eventually got accepted into the program, During my time here, I've always said to myself and to the other ladies: Stay focused. Remember why you're here."

Of her experience while at Marian House, Hattie shares:

"Opening up to strangers is hard. I'm used to staying in my lane, but here, I've learned to let my guard down, to loosen up and socialize with other women in the program, and talk to the staff. Now I know, I can knock on anyone's door, resident or staff, and they'd be there for me. Marian House accepts me for me."

Hattie has been working hard on her recovery and goals in life. She graduated from Marian House I and moved into Marian House II this past February. For the past six months, she has been working at Chipotle and recently also started working at the local hospital doing catering.

"I am working to get my Culinary Certificate but I also want to get back to working on homes. I want to flip houses to help my kids but I also want to flip houses for people like myself – I want to give back what's been given to me."



## LATEST HAPPENINGS: Renovation Celebration

On June 5th, Marian House, along with community friends and supporters, celebrated the completion of Phase II of Independence Place, our largest capital expansion to date! This part of the project rehabilitated the former convent and rectory buildings of the Blessed Sacrament parish. The newly renovated and renamed Mercy and Notre Dame Residences will provide a total of 25 rooms for our Transitional Family Program, serving women and their children experiencing homelessness. Many supporters, including Board Members, elected officials, donors, volunteers, and members of the Sisters of Mercy and School Sisters of Notre Dame attended this monumental event. This project truly has been made possible by a team effort, including supporters like you.













# MARIAN HOUSE 11TH ANNUAL RACE TO EMBRACE INDEPENDENCE 5K RUN AND WALK

# Register today marianhouse.org/5k

Lake Montebello, Baltimore City SATURDAY SEPTEMBER 28, 2019

7:30AM - Race Village Opens 9:00AM - Race Starts

Whether you're a runner, jogger, walker, or just a lover of mornings at the lake, join Marian House for our annual Race to Embrace Independence and show your support for Marian House women in their journey to independence! This family-friendly event brings the community together to raise awareness of and funds for Marian House and the women we serve. Your support helps provide services such as therapy, case management, substance abuse treatment, education services, a job-readiness program, and life-skills training. Enjoy refreshments, music, athletic massage, face-painting, photo props, and raffles in our race village pre- and post-race! See you there!

# NEW THIS YEAR

# Virtual 5X

Can't make it to race day? Join us through the Virtual 5K! The all new virtual running option allows participants near and far to complete their mileage during race week (Sept. 22-28). You choose your starting line and when and where your finish line will be, in your community, on a bike, in a pool, or on a treadmill. Complete your distance in one day or over multiple days! This option gives you the flexibility to do what works best for you while supporting Marian House! Or you can use the Virtual 5K to grow your race team to include out-of-state friends & family!

Virtual 5K participants will receive a printable race bib before race week and a t-shirt post-race day. Upload a photo of yourself in your race bib running, walking, biking, etc.

Tag Marian house and use #MarianHouseVirtual5K to be entered for a chance to win a \$50 Amazon Gift Card.

# Fundraising Prizes

This year, we're awarding prizes for our fundraisers! View fundraising ideas on marianhouse.org/5k and rally your friends' and family's support! Prizes are as follows:

- \$100 Starbucks or Dunkin Donuts Gift Card (\$10)
- \$250 Yeti Rambler Mug (14oz.)
- \$500 Yeti Rambler Tumbler (30oz.)
- \$1000 Yeti Rambler Jug (1gal.)
- \$1,500 Yeti Roadie 20 Cooler
- o \$2,500 Yeti Tundra 45 Cooler
- \$5,000 Yeti Tundra Haul with Wheels